

Slip, Trip and Fall Prevention

One of the most common hazards in the cleaning industry is slipping on wet floors or tripping over an object. This often results in serious injuries.

The following guidelines will help you avoid slips, trips and falls.

Protect Yourself:

- When walking on snow and ice:
 - Take small steps.
 - Wear rubber, traction soled shoes.
 - Do not carry objects.
 - Avoid dark and less populated areas.
- Watch where you are walking by regularly glancing at the floor in front of you.
- Use appropriate shoes (good soles, not leather).
- Keep an appropriate pace, avoid rushing through work.
- Make sure there is sufficient light for your tasks.

Protect Others:

Keep electrical cords away from walking areas

Keep mats at entryways to retain moisture



Clean up spills immediately

Keep closets, aisles, floors and stairs free of obstacles, product and debris

Use "wet floor" signage when mopping, cleaning and waxing

If you witness an injury, or are injured yourself, first make sure the injured person is attended to properly. Then, immediately contact the 24-hour Emergency Hotline number located at the Safety Center.

Did you know?

Falls are the second leading cause of death nationally, and a major cause of debilitating injuries.



S.H.A.P.E.
Safety

A clean and clutter free environment is the first and most important step to preventing falls.

Trainer's Toolbox

- Share the Did you know? fact about national statistics related to falls.
- Discussion point: How can each specialist protect himself and others from slips, trips and falls?